

Autumn Days

Quilt by Lynne Goldsworthy of @lilysquilts
Finished Quilt Size 1.35m x 1.35m (53" x 53")

FREE
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Autumn Days Lap Quilt / Play Mat 53" sq (1.35m sq)

Fabric Requirements

Fabric	Requirement	Cutting Instructions
2000/W02 Background	1.80m / 2yds	Eight 1 ½" WOF strips sewn end to end and cut into two 5", two 10", three 20 ½", four 31 ½" and two 33 ½" lengths One 2 5/8 WOF strip cut into eight 5" lengths Three 7 ¼" WOF strips cut into twelve 7 ¼" squares Seven 1 ¼" WOF strips cut into twenty-four 4 ¾" and twenty-four 6 ¼" lengths Five 3" WOF strips cut into sixty-eight 3" squares One 2" WOF strip cut into ten 2" squares Four 1 ¼" WOF strips cut into four 10 ½" lengths per strip.
1523 R stripe (binding)	50cms / ½ yd	Six 2 ½" WOF strips
2593 Q (backing)	3.25m / 3 ½ yds	Cut into two equal lengths
2593 V	FQ	Two 7 ¼" squares Sixteen 2" squares Eight 3" squares
2594 G	F8th	Two 7 ¼" squares
2595 V	FQ	Two 7 ¼" squares Eight 2" squares Four 3" squares
2596 G	F8th	Two 7 ¼" squares
2597 V	F8th	Two 7 ¼" squares
2599 G	F8th	Two 7 ¼" squares
2599 R	FQ	Sixteen 2" squares Eight 3" squares
2600 1	2 panels	See cutting instructions
Wadding	1.55 m / 61" sq	Wadding 279 Cotton Mix 80:20 from http://www.vlieseline.com/en/
Threads	Aurifil 50wt for piecing and 40wt for quilting from http://www.aurifil.com	
Templates	Twelve HST templates	

Notes:

- Make sure to visit <http://www.makoweruk.com/projects/> to ensure you are working from the most up-to-date version of the pattern
- Makower UK provides the written instructions only to accompany the named collection. Retailers are free to use these free instructions to provide a fabric kit. Accurate cutting of fabric is down to the individual retailer and any fabric supply enquires should be directed to point of purchase
- Read the pattern in full before starting
- ¼" seams are used throughout except where stated otherwise
- Press after each seam, pressing seams open or to one side as preferred
- WOF - width of fabric - a strip of fabric cut from selvedge to selvedge
- WOFQ - width of fat quarter - a strip of fabric cut from selvedge to centre cut from a FQ
- BKG – background
- HST – half square triangle
- QST – quarter square triangle

Making the quilt

1. Cut the fabrics as shown in the fabric requirements table and cut the panel pieces as follows:
Cut four large squares to 10 ½" square (for the corners of the quilt)
Cut four large squares to 10" square (for the centre of the quilt)
Cut four rectangles to 5" x 10"
Cut twelve small squares to ¼" outside the printed edge.
2. Sash two of the large squares together side by side using a BKG 1 ½" x 10" strip. Repeat for a second set of larger squares. Repeat for two pairs of rectangles using BKG 1 ½" x 5" strips.
3. Sash these rows together using BKG 1 ½" x 20 ½" strips so that there is a row of rectangles, two rows of large squares then another row of rectangles.
4. Sash the sides of this piece with BKG 1 ½" x 31 ½" strips.
5. To make the ten Ohio Stars, place two 3" squares (one print and one BKG) right sides together. Draw a diagonal line on the back of the BKG square and sew seam lines ¼" either side of the draw line (fig 1).
Cut in half and press open (figs 2-3).

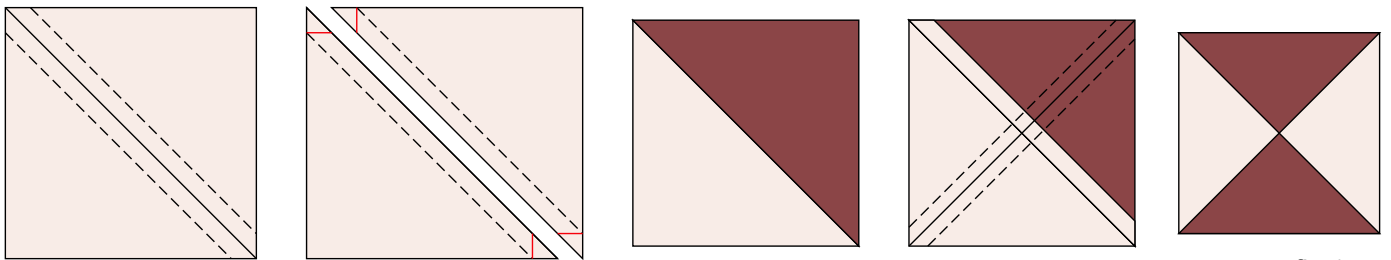
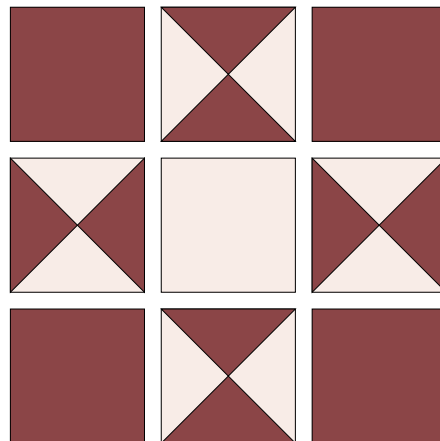


fig 1-5

6. Place two of these half square triangle units right sides together with the print fabric opposite the BKG fabric on each side. Draw a diagonal line on the back of one of these HST units and sew seam lines ¼" away from the drawn line on each side.

7. Cut in half along the diagonal line, press open and trim to 2" square. Make two pairs of these quarter square triangle (QST) units per Ohio Star (ten in total).



8. Sew the QSTs, BKG 2" squares and print 2" same squares into three rows (fig 6) then sew those three rows together to make each of the Ohio Stars (fig 7).

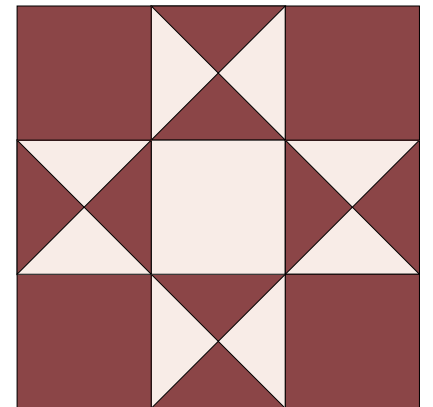


fig 6-7

9. Sew the Ohio Stars into two columns of five with the BKG 2 5/8" x 5" strips in between them. Sew these to the sides of the quilt top.
10. Sew BKG 1 ½" x 31 ½" strips to the sides of the quilt top then BKG 1 ½" x 33 ½" strips to the top and bottom.
11. Pair the 7 ¼" BKG and print squares right sides together and pin to the back of the HST templates with the BKG fabric next to the back of the template. The fabric should overlap the template by about ¼" all round.

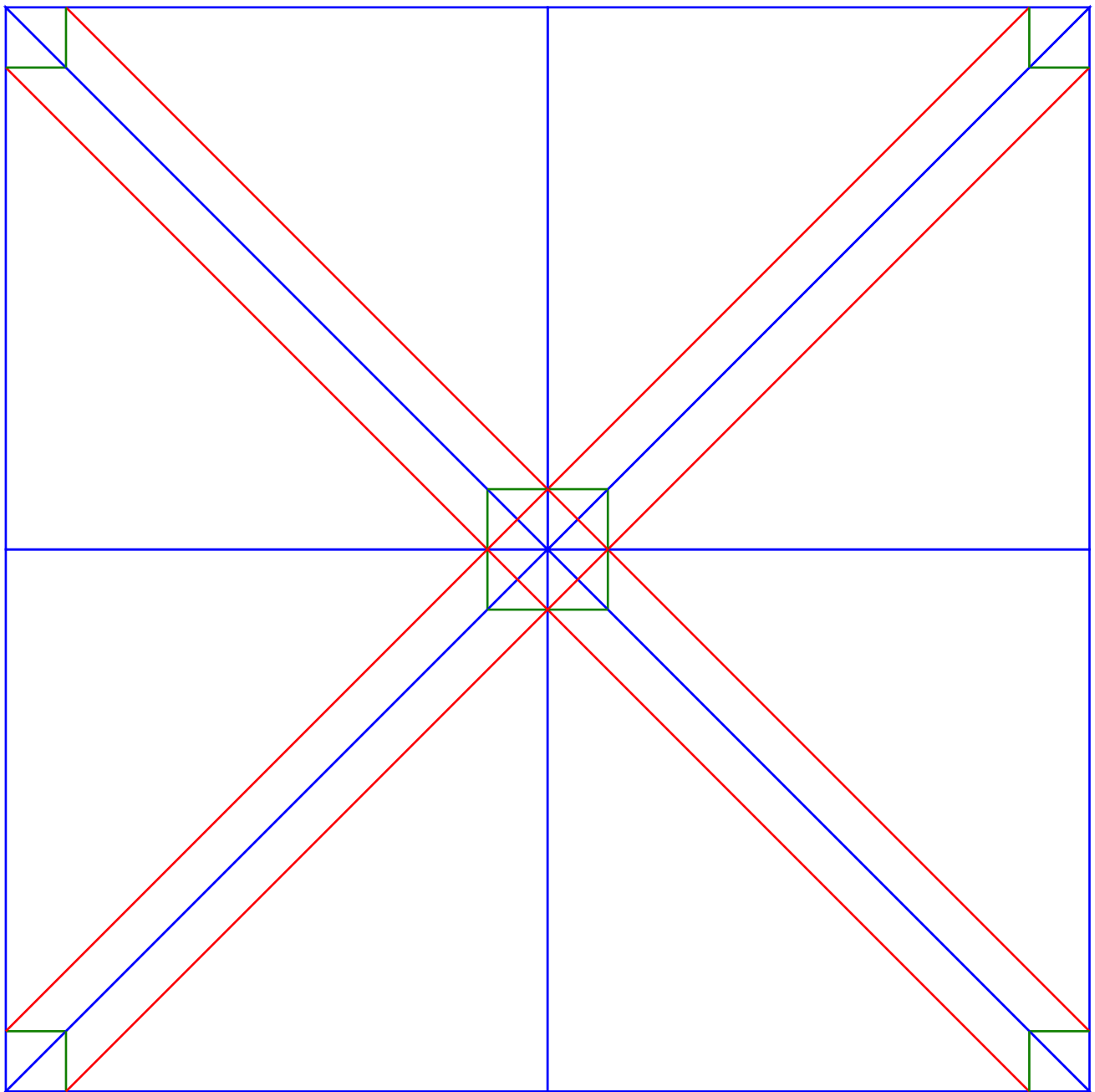
12. Shorten your stitch length to around 1.3-1.5 and sew along all of the red lines. Trim into eight triangles along the blue lines and trim off corners along the green lines.
13. Press open and remove the papers from the back. The half square triangle units (HSTs) should measure 3" square at this stage.
14. Sash the sides of the small panel squares with the 1 ¼" x 4 ¾" strips then the top and bottom with the 1 ¼" x 6 ¼" strips. Trim to 5 ½" square.
15. Sew the HSTs into pairs, sew BKG 3" squares onto each end of two of these pairs per block (twelve blocks in total). Sew the remaining two pairs per block to either side of one of the 5 ½" panel squares (fig 8).



16. Sew the three rows of each of the blocks together (fig 9).
17. Sash these star blocks into two columns and two rows each containing three blocks with BKG 1 ¼" x 10 ½" strips in between and on each end.
18. Sew the columns to either side of the quilt top.
19. Sew 10 ½" panel squares to each end of the two rows of star blocks and then sew these to the top of the quilt top to finish.

Finishing the quilt

1. Sew the binding strips end to end using diagonal or straight seams as preferred and press wrong sides together along the length to make a double fold binding.
2. Make a quilt sandwich, basting together the back, the wadding and the top.
3. Quilt as desired then trim square, removing excess wadding and backing.
4. Bind, taking care to mitre the corners.



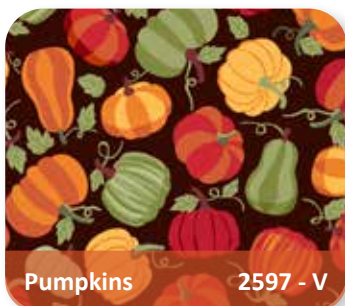
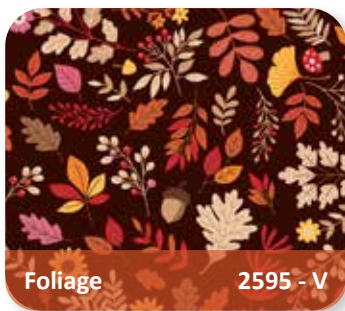
←————— 6 3/4 in —————→

Templates must be printed at 100% or “no scaling”. To ensure the templates are the correct size, measure the guide line to make sure it has printed at the correct length.

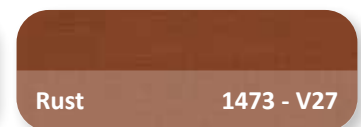
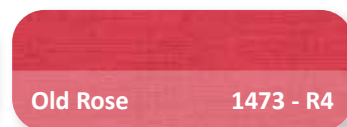
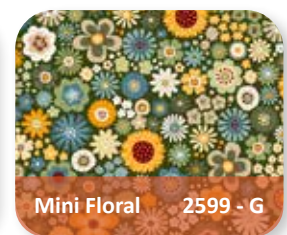
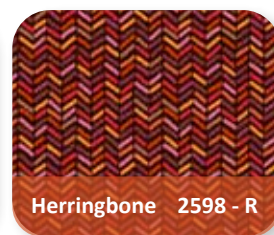
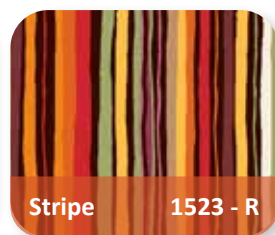
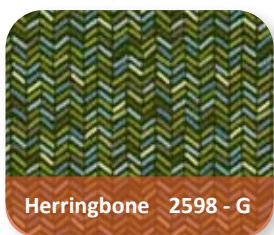
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A Makower UK Collection

15 Prints, 1 panel
Delivery from July 2023



Each panel shown approx 24" x 44" (60 x 112cms)



Images for reference only, not correct for scale (approx 50%) or actual colour